

**Retreat & Conference Programme - "Coming to the Throne of Grace" (Hebrews 4:16) Led by Spiro Sueref - Pantasaph 2023**

	<b>Day 1 - Preparation for the weekend Outside of the Temple Lost/Enslaved/Desperate Coming to God as we are</b>	<b>Day 2 - Focus - Inner/Emotional Healing Entrance into the outer Court Priest - Sacrifice - Intercession God's Love vs Our Sinfulness</b>	<b>Day 3 - Focus - Physical Healing In to the Holy Place Prophet - Revelation - Truth Jesus our Lord, Liberator, Saviour &amp; Healer</b>	<b>Day 4 - Focus - Empowerment In to the Most Holy Place King-Rule-Govern God gives us His Spirit</b>
<b>Day</b>	<b>Thursday 28th September 2023</b>	<b>Friday 29th September 2023</b>	<b>Saturday 30th September 2023</b>	<b>Sunday 1st October 2023</b>
<b>Time</b>	Important Notes	<i>Overnight Eucharistic Adoration 7am Morning Prayers Benediction at 7:30am</i>	<i>Overnight Eucharistic Adoration 7am Morning Prayers Benediction at 7:30am</i>	<i>Overnight Eucharistic Adoration same as Saturday</i>
<b>7:45-9:15 am</b>	1. Parents keep your Children with you at all times	<b>Breakfast (S1 7:45- S2 8:30 am)</b>	<b>Breakfast (S1 7:45- S2 8:30 am)</b>	<b>Breakfast (S1 7:45- S2 8:30 am)</b>
<b>9:15-10:45am</b>	2. There are 2 sittings for meals S1 & S2 3. Let us know if you have any Medical issues 4. Let us know if you have any Allegies 5. Help where and when you can	<b>(9-10:45am) Session 2 - S Coming to the Throne Pt 1 Coming Before the Throne of Grace with Confidence &amp; Removing Common Obstacles</b>	<b>(9-10:45am) Session 7 - S Spiritual Warfare Putting on the Armour of God Who I am in Christ &amp; Christ my All in All</b>	<b>(9-10am) Session 12 - C Praise &amp; Worship - the Rosary Mass in the Church (10 am)</b>
<b>10:45-11:15am</b>	6. Please eat only in the designated food areas	<b>(10:45-11:15am) Tea/Coffee Groups</b>	<b>(10:45-11:15am) Tea/Coffee Groups</b>	<b>(10:45-11:15am) Tea/Coffee Groups</b>
<b>11:15am -12:45</b>		<b>(11:15am - 12:45pm) Session 3 - N Good News Part 1 The Certainty of God's Love for us Restoring the Image of God</b>	<b>(11:15am - 12:45pm) Session 3 - N Good News Part 2 Freedom in Jesus Victory at the Cross - Divine Exchange</b>	<b>(11:15-12:45pm) Session 13 - N Good News Part 3 The Power of the Holy Spirit (Empowerment Service)</b>
<b>12:45-2:15pm</b>		<b>Lunch (S1 - 12:45pm - S2 -1:30pm)</b>	<b>Lunch (S1 - 12:45pm - S2 -1:30pm)</b>	<b>Lunch (S1 - 12:45pm - S2 -1:30pm)</b>
<b>2:15-3:45pm</b>		<b>(2:15-3:45pm) Session 4 - S Coming to the Throne Pt 2 Come to me all you burdened - Resting before the Lord Personal Ministry (Guided Prayer)</b>	<b>(2:15-3:45pm) Session 9 - S Coming to the Throne Pt 3 Love one another - rest in my love Personal Ministry (Guided Prayer)</b>	<b>(2:15-3:30pm) Session 14 Rejoicing Before the Throne of Grace Testimonies and Prayers of Empowerment - Living for God! Final words, Farewells &amp; Blessing</b>
<b>3:45-4:15pm</b>		<b>(3:45-4:15pm) Tea/Coffee Break</b>	<b>(3:45-4:15pm) Tea/Coffee Break</b>	<b>Departures from around 3:30pm (ish)</b>
<b>4:15-6pm</b>	<b>Arrivals &amp; Registrations &amp; Info. Tea/ Coffee Room allocation &amp; Settling in time Welcome Pack</b>	<b>(4:15 -6pm) Session 5 (All meet in the Conference room) Introduction to the Session/ Prayers then&gt; (Stations of the Cross on the Hill) (Personal Reflection/ Contemplation/ Self Examination)</b>	<b>(4:15-6pm) Session 10 (All meet in the Conference Room) Introduction to the Session/ Prayers then&gt; Spiritual Direction available; Fr Scott (Personal Reflection/ Contemplation/ Self Examination)</b>	
<b>6-7:30pm</b>	<b>Supper (S1 6pm - S2 6:45pm)</b>	<b>Supper (S1 6pm - S2 6:45pm)</b>	<b>Supper (S1 6pm - S2 6:45pm)</b>	
<b>7:30-10pm</b>	<b>(7:30pm- 10pm) Session 1 Craig/Spiro Welcome &amp; Introduction/ Background Admin/ Preparing for the weekend Rosary in the Chapel at 8:30pm Fr Peter /Mass at 9 pm in the Chapel "Coming as we are/ Relying on Grace" Exposition of BS; Praise and Worship Intercessions</b>	<b>Session 6 - Open Healing Service (in the Hall) Focus - Inner Healing &amp; Forgiveness * Rosary at 7pm in the Hall Healing Service 7:30pm Start Includes Mass at 8pm (Fr Peter) Focus on Inner Healing From around 8:30pm Sacrament of Reconciliation (See Healing Service Programme)</b>	<b>Session 11 - Open Healing Service (in the Hall) Focus - Generational/Physical Healing * Rosary at 7pm in the Hall Healing Service 7:30pm Start Includes Mass at 8pm (Generational Healing) Focus on Generational Healing From around 8:30pm Sacrament of Reconciliation (See Healing Service Programme)</b>	
<b>10pm &gt;</b>	<b>Overnight Adoration in the Adoration Chapel</b>	<b>Overnight Adoration in the Adoration Chapel</b>	<b>Overnight Adoration in the Adoration Chapel</b>	

Programme above is typical and may change from that shown as the Holy Spirit leads